

## Norfolk and Waveney Integrated Care Board – Leg Ulcer Pathway (Community Providers)

Referral into community services for a patient with a wound below the knee and above the ankle

### RED FLAG ASSESSMENT

- Acute infection of the leg / foot unilateral redness swelling, pain, pus, heat
- Symptoms of sepsis
- Acute or chronic limb threatening ischaemia
- Suspected deep vein thrombosis (DVT)
- Suspected skin cancer

**For any of the above, escalate with urgent referral or discussion with the GP**

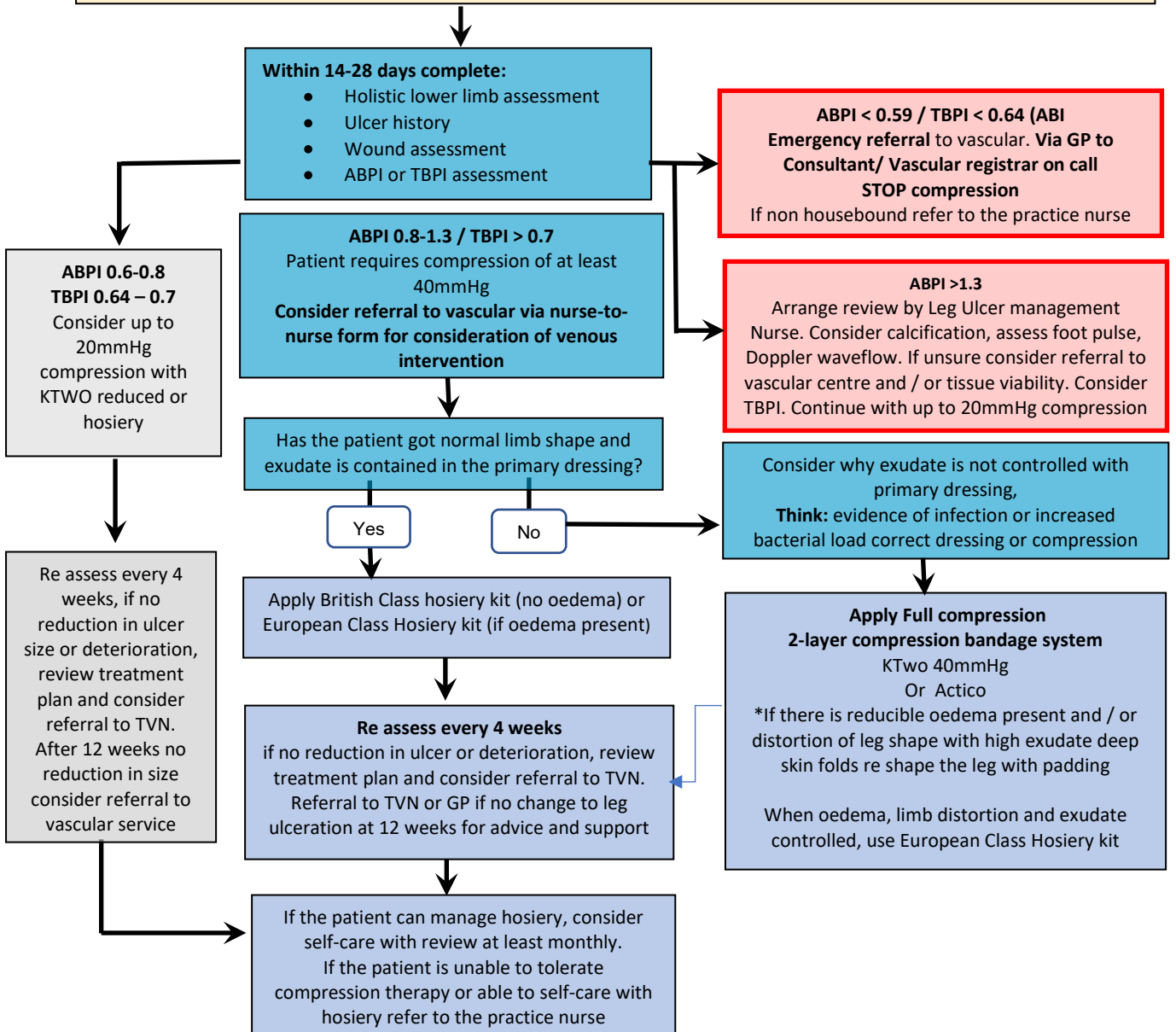
### Initial Actions

- Wound & skin cleansing
- Simple low adherent dressing with sufficient absorbance
- Advise patient reasons for compression
- Apply up to 20mmHg of compression to lower limb if **no signs of arterial insufficiency** are present – early intervention pathway

Immediate and necessary care

Diagnosis and Treatment

Ongoing Treatment



### Once leg ulceration is healed.

To prevent recurrence; prescribe compression hosiery e.g., British Standard If no oedema present or European Class if oedema is present.

Letter to be sent to GP to include type of hosiery and how often patient requires repeat prescription.

Consider referral to vascular services to assess need for venous intervention to reduce the risk of recurrence, as per NICE guidelines CG168 (2013)

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