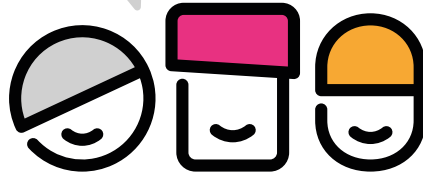


It's OK to ask...



me + my medicines

What is Me + My Medicines?

Me + My Medicines is a patient-created, patient-led and health professional supported campaign to help patients get more benefit and greater value from their prescription medicines.

The Medicines Communication Charter encourages patients to ask, and clinicians to support people to ask about their medicines, to agree together a shared approach to overcoming any issues around their medicines.

The Charter

As your health professional I want to help us get the best from your medicines, and to do that we need to work together.

As your health professional I can help and advise you about your medicines. You are the expert when it comes to your experience and views on how your medicines affect you and your daily life.

Being honest about your understanding and feelings towards medicines helps me better understand and appreciate your situation.

I will listen to you and respect what you tell me so we can share responsibility and work together to get the best from your medicines.

This will help us to have an open conversation about your medicines, so that you feel confident that the decision we reach together is in your best interests and is based on your circumstances.

This was shared with: on:

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Notes

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