

# Reviewing your medicines



The practice is running a service to help you with your medicines - this is called a medication review.

A medication review is a chance to check that your medicines are the best ones for you.

## What will happen at the review?

- You will have a face-to-face appointment or telephone call with the practice pharmacist or GP.
- They will check your medicines are working - and not causing side effects.
- It is also a chance for you to tell us how you are getting on with your medicines - and to ask questions and find out more about them.

## What happens next?

We will contact you to make an appointment to speak with the practice pharmacist or the GP at the practice or over the telephone.

- The pharmacist or GP will explain what your medicines are for.
- They will check if any changes to your medicines are needed.
- There will also be a chance to have your questions answered.

If someone helps you with your medicines, it may be helpful for them to be with you when you speak to the practice pharmacist.

## Why are we doing this?

We are doing this to make sure that your medicines are the right ones for you.

- The purpose of the review is not to save money.
- Also it is not to check if you are taking your medicines.

No medicines will be altered without agreement between you and the pharmacist or GP.

**On the other side there are some questions you might want to ask about your medicines at the appointment.**



# Questions to think about before the appointment that you may wish to ask

Why am I taking these medicines?

How do I know they are helping me?

Do I still need all my medicines?

Why do I have to take so many pills?

What side effects do they cause?

It is difficult for me to open the containers - can you help with this?

It is difficult to remember to take my medicines – can you help with this?

It is difficult to swallow my medicines - can you help with this?

I run out my medicines at different times – can you make this the same time for all of them?

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read aloud  
version

