

# Si badqab leh u joojinta daawooyinkaaga



Maanta waxaan ku heshiinay inaad joojiso daawadaada:

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- Dhinacan buug-yaraha ayaa qeexaya waxa la sameeyo marka la joojiyo dawadan.
- Dhinaca kale waxaa ku yaalla macluumaad haddii aad u baahan tahay inaad si tartiib-tartiib ah u joojiso.



## Nuqul ka mid ah kan hayso

– una tus qof kasta oo aad ku aragto caafimaadkaaga.

## Sababta aan ku heshiinay inaan joojino dawadan

Daawooyinka waa in la isticmaalo kaliya marka ay faa'iido kuu leeyihiin. Xaaladdaada, waxaanu ku heshiinay faa'iidooyinka daawadan inay ka yar yihiin halista waxyeelada ay keento.

### Sideen u joojin karaa dawadan?

Stop taking your medicine straight away from: / Jooji daawadaada isla markaaba:

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Stop taking your medicine gradually - see the other side of this leaflet. / Si tartiib-tartiib ah u jooji qaadashada daawadaada - arag dhinaca kale ee warqaddan.

## Maxaan oggaan karaa iyo Maxaan sameeyaa?

Dadka intooda badan ma dareemaan wax farqi ah ka dib joojinta. Laakin la soco wixii isbedel ah ee ku dhaca xaaladaada.

### Calaamadaha yaryar

- Kusii wad sidii lagu heshiiyay oo sii wad ogaanshaha wixii isbeddel ah ee ku dhaca xaaladaada.
- Kala hadal farmashiistahaaga calaamadaha ballantaada xigta.

### Calaamadaha waaweyn

- Isla markiiba wac rugtaada si aad gargaar u hesho ama wac 111 haddi saacado kadib.
- Calaamadaha daran - wac 999 si aad gargaar u hesho.



## What should I do next? / Maxaan sameeyaa marka xigta?

Your next appointment is: / Ballantaada xigta waa: .....

If you need to speak to somebody before ring: / Haddii aad u baahan tahay inaad qof la hadasho ka hor intaadan garaacin: .....

**If you are gradually stopping your medicine: / Haddii aad si tartiib-tartiib ah u joojinayso daawooyinkaaga:**



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**Additional information / Macluumaad dheeraad ah**

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**Arag nuqulka kor loo akhrinaayo**

